

ASHWORTH SCALE

To perform this test, move the body part through the joint range of motion.
No speed of movement is specified.

Scoring

- 0 — No increase in tone
- 1 — Slight increase in tone, giving a “catch” when the limb is moved in flexion or extension
- 2 — More marked increase in tone, but limb easily flexed
- 3 — Considerable increase in tone; passive movement difficult
- 4 — Limb rigid in flexion or extension